

Subject: GHC Canada Day SWAT Info plus community items!

Choir Admin Info

HELLO ALL CHOIR COMMUNITY MEMBERS

We're excited about our invitation to sing at the July 1st Gorge Road Canada Day Picnic.

COME SING! COME LISTEN! COME AND HAVE FUN!

GHC Bass John Hoole, an active member of the Gorge Tillicum Community Association, says:

"It is a great event - we close Gorge Rd. from Tillicum to Admirals, lots going on, great setting, around 10,000 people come down during the day."

We will perform on the main stage in Kosapsom Park at 2 p.m. (Admirals & Gorge). We'll meet at **Admirals & Gorge** at 12:45 for a warm-up / run through, and walk from there to the stage at 1:45.

Be sure to check out our SWAT MAP for locations, transportation, parking and other details:

<http://www.o-my.info/ghc/nl/2010/0622/canada-day-swat-map.pdf>

As noted on this map the rehearsal location isn't 100% settled yet but it will be near the stage area. Watch for a subsequent special email with that, and possibly other, updated information in it.

Wear suitably bright colored clothing, so we make a strong visual statement!

Any questions about this performance: denis@gettinhigherchoir.ca , or billh@crucible.ca (Shivon will be out of town until midnight on the 30th!)

SET LIST:

For the GHC performance, 2:00 - 2:45

One Voice
Teach Your Children
Dubula
Humbly we Walk Here
Freedom / Siyahamba / Gabi Gabi
Akanamandla
Somewhere to Begin
Love Rescue Me
How We Love (with guitar)
I Still haven't Found (with Kim)
One Heart Beating (with audience)

With Shari Ulrich at her 4 pm performance:

Every Road
Rolling River

We don't have a precise time for our participation. Shari will invite us up at the appropriate moment.

To refresh your memory of any of the above songs visit...

...our site's SWAT Repertoire page to access all the available lyric, song and parts files (no access codes needed)

<http://www.gettinhigherchoir.ca/community-info/swats/#next>

TRANSPORTATION & PARKING

For detailed transportation and parking info click on the SWAT Map link above and take note of the following:

From GHC Bass Jon Hoole

Gorge Rd. is closed all day until 5pm, so parking has to be on side streets, with access off Vincent, Walter and/or Cowper. The No 11 bus is running, but it goes down Walter instead of the Gorge.

Please note that parking will be at a premium throughout the area so:

- 1) If you drive give yourself plenty of time to hunt for a space and to get from your car to the rehearsal area (Admirals & Gorge) so that you arrive by our 12:45 start time.
- 2) Carpools, buses and taxis can all reduce or eliminate the "Oh my, where can I park" syndrome.
- 3) The #14 bus will get you within 2 minutes walk of the rehearsal area and the stage.

IN THE "LAST BUT NOT LEAST" CATEGORY...

...please check out the Gorge Tillicum Community Association Event Flyer and Web Site:

<http://www.o-my.info/ghc/nl/2010/0622/canada-day-flyer.pdf>
<http://www.gorgetillicum.ca/index.php>

See you singing!

Shivon, Denis, Gloria & Bill

A QUICK UPDATE FROM SHIVON

Washington DC is amazing. I spend a few hours in the national Gallery today, between meetings. Off to NYC tomorrow, after singing on Capital Hill first thing in the morning.

love to all

~ Shivon

DENIS ON CBC

In case you missed Denis' great interview on CBC last Sunday morning (very possible since the last special said it would be on Monday morning) here it is:

<http://www.gettinhigherchoir.ca/community-info/misc/20100620-denis-cbc.mp3>

GHC & SOUNDINGS CONCERT PHOTO UPDATE

As you will have noticed when you went to our site to check out Andrew's great photo displays for the recent GHC and Soundings concerts a number of the thumbnail versions of the photos were missing. This has now been corrected so that you can quickly scroll through the thumbnails and only open the full-sized versions that you particularly want to look at.

These updated photo displays can be viewed from our site's Choir Photos page anytime or by clicking on the following links now:

GHC Rehearsal

http://www.gettinhigherchoir.ca/community-info/photos/Andrew%27s%20Photos/20100603_golden-apples-rehearsal/

GHC Concert

http://www.gettinhigherchoir.ca/community-info/photos/Andrew%27s%20Photos/20100604_golden-apples-concert/

Soundings Rehearsal and Concert:

<http://www.gettinhigherchoir.ca/community-info/photos/Andrew%27s%20Photos/20100612-Soundings/>

~ Bill

SUMMER WORKSHOPS WITH DEBORAH MILLAR

Deborah is offering four workshop series over the summer! Maximum number per workshop will be *10 people*, in order for her to provide individual attention to each person.

Length: 4 weeks (2 hour sessions)

Level One Voice Workshop for Alto voice:
6pm – 8pm Fridays July 2 – 23.

Level One Voice Workshop for all voices
(mixed – open to all sections):
6pm – 8pm Wednesdays July 7 – July 28

Level One Voice Workshop for all voices
(mixed – open to all sections):
6pm – 8pm Thursdays August 5 - 26

Level Two Voice Workshop for all voices
(mixed – open to all sections):
6pm – 8pm Tuesdays August 3 - 24

For Detailed Information Check Out Her Flyer:

<http://www.o-my.info/ghc/nl/2010/0610/deborahs-workshops.pdf>

For Detailed Information & Registration Contact:

Sally Gose sgose@telus.net (250) 474-3403

Submitted by Sally Gose GHC Monday night alto

SUMMER SUBMISSIONS REMINDER

The June 11th Choir Community Issue of our newsletter was the last one for the 2010 Spring season. The next scheduled issue will be the first Choir Admin Issue of the Fall season on September 3rd.

Between now and then there may be, from time to time, GHC News & Business “Special Announcements”. Whenever one of those goes out I will attach whatever submissions I have on hand (possibly just in the order received).

As with the newsletter:

Dated Events will be repeated in such specials automatically until their date has passed.

Any other items that you want repeated must be re-submitted once they appear in one of these special announcements.

In order to keep my volunteer work in providing this extra summer service to a minimum please make sure that any item you send conforms to the newsletter submission guidelines specified on our site’s “Using Our Newsletter” page. If you

haven't visited that page lately please review it before you send your first summer submission at:

<http://www.gettinhigherchoir.ca/community-info/newsletterinfo.html>

Please submit your items to:

billh@crucible.ca

There are no guarantees when, or even if, such special announcements will go out so any items you submit are accepted on "standby" only.

~ Bill

COMMUNITY MEMBER'S SUBMISSIONS

GERMAN LESSONS

Guten Tag! Sprechen Sie Deutsch? Ich heisse Joanna.

Would you like to start learning German or refresh your skills? My lessons are enjoyable, engaging, easy to understand, and always tailored to your needs. 1 hour / \$25

I have over 10 years of academic and private teaching experience in Germany and Canada - Master of Arts in German Language & Literature and Pedagogy.

For more information please visit my website www.germanlanguageservices.ca

email to: germanconsulting@shaw.ca or call 250 884 2265

Submitted by: Joanna Schaller, former GHC Alto

DEAR CHOIR MEMBERS

Here's a "hugging" day brightener for you!

http://www.youtube.com/watch_popup?v=hN8CKwdosjE

Happy Summer Hugs to You All,

Submitted by Arlene Antonik GHC Monday Soprano :)

BUSY BEE CARPENTRY

Renovations ~ Repairs
250.592.4928
annstan@islandnet.com

Submitted by Stan Tomandl, GHC former bass

**DO YOU NEED A WEBSITE
BUILT AND/OR MAINTAINED
AT COMPETITIVE RATES?
(Know someone who does?)**

I have administered the "Choir Community Info" section of our GHC web site since shortly after the GHC site was built by Rocketday Arts and I created all the pages in that section in harmony with the their design specifications.

Other samples of my work include:

<http://www.harmoniousfamilychoir.com>

Designed and built to be compatible with the rainbow masthead that was supplied by the choir's director.

<http://www.nikkibasuk.com> & <http://www.jackbasuk.com>

Built to the client's design specifications.

If you know someone who might need my services I would appreciate your passing this item on to them.

billh@crucible.ca or 250-920-4160 (8 to 8, weekdays)

Submitted by: Bill Hanson, GHC Bass etc.

===== **PLUS** =====

COMMUNITY EVENTS - THIS WEEKEND TO NEXT

We encourage you to support the activities of other choir community members by emailing copies of any item to any of your contacts that you think would be interested.

OPEN INQUIRY MEDITATION GROUP (Jun 23 & 30 +)

Have you always wanted to meditate, but haven't known how to "get my mind to stop"?

Chloe Garthson, Spiritual Counsellor with Clear Spaces Counselling Services, is now leading a drop-in meditation group. This group is designed for anyone curious about meditation, relaxation and awakening to our natural state of being and limitless possibilities.

Time:

6:30 7:30pm, please arrive 5 minutes early

Dates:

Last three Wednesdays each month

Location:

Red Gate Intuitive Arts Center, 2033 Belmont @ Pembroke, Fernwood, Victoria

What to Bring:

Cushions provided, bring your own water bottle

Cost:

\$10 suggested donation

Contact:

chloe@clearspaces.ca

Submitted by Chloe Garthson HNC Singer

CONVERSATIONS ON THE NEW COSMOLOGY (Jun 24)

With Bill Wilson, SJ PhD.

"We are the first generation to know the Great Story of the Universe," Thomas Berry. Our conversations focus on what it means for humans to know this story as our own story.

Date:

Thursday Jan 28, 2010

Time:

12:00 am – 1:30 pm

Location:

Friends Meeting House, 1831 Fern St. Victoria, BC

Cost:

\$10.00 suggested donation

Register:

earthliteracies@shaw.ca 250-220-4601 www.livinglanguageinstitute.org

Submitted by Gertie Jocksch, Monday Soprano

MINDFUL YOGA WITH MISHA GITBERG (start Jun 24)

For a wonderful spiritual as well as physical workout that will help deepen your mind-body connection, leaving your body and soul open for music, I recommend this course.

Misha is a psychotherapist who has trained in Yoga and Buddhist Contemplative traditions in North America, India and Thailand who seeks to bring his understanding of mind-body connection into his professional and personal practice.

Dates: 6 sessions - June 24, July 8, 15, 22, 29 & August 5

Time: Thursdays, 5:30-7:00pm

Location: Church of Truth, 111 Superior St., James Bay

Fee: Early bird - \$75 (if paid before June 14), regular fee \$90

More information contact Misha at misha@soulstir.net, tel. 778-678-0137 or check out: www.soulstir.net

Submitted by Lori McElroy, GHC Thursday Tenor

A COURSE IN MIRACLES & ENLIGHTENMENT (Jun 24 plus 25 to 27)

International spiritual teacher, David Hoffmeister is offering a weekend retreat in Cowichan Bay June 25-27

Also an Evening gathering in Victoria, Thursday the 24th at the Truth Centre, 1201 Fort Street, doors open 7:15- 9:30 PM.

INFO on David: www.awakening-mind.org & www.miracleshome.org

We are in for a deepening experience.....

Sandy Deby ~ organizer 1- 250-748-9030 pod6@shaw.ca

Recommended by Julia "jewel" Day, lapsed alto

ART AND ARCHITECTURE: (Jun 25)

Your previous choir member Marnie Miiller invites you to view her art work in the exceptional spaces and magnificent viewscapes from the penthouse suite of The Falls, 1902 Courtney Street (Across from the Strathcona).

Friday June 25, 6-9 & Saturday June 26, 1-6

Your invitation: <http://www.o-my.info/ghc/nl/2010/0622/art-architecture.pdf>

My web site: <http://marnieart.shawwebspaces.ca/>

Submitted by Marnie Miiller former and future GHC Tuesday/Thursday Tenor

A CELEBRATION OF THE NEED CRISIS & INFORMATION LINE (Jun 25)

Sadly, after 39 years the NEED Crisis & Information Line will be hanging up the phones on June 30th.

We know that many in the choir community have had an association with NEED and hope you will come and share in our June 25th event to celebrate and remember 39 years of the Fine Heart of Listening.

Tickets are \$5. and can be easily obtained by calling 250-386-6328 or emailing to datkins@needcrisis.bc.ca Event location and details will be on your ticket. Doors open at 5 pm and the event will close at 7:30 pm.

You can also share your favorite NEED memory, or how NEED touched your life through the website at www.needcrisis.bc.ca

Submitted by Linda Woodward Stanton, Tuesday alto.

FUNDRAISER FOR THE POWER OF HOPE AND EDZIMKULU: (Jun 25)

Bring Your Gum Boots and your friends, neighbours and family, and support the work of Edzimakulu and the Power Of Hope.

Enjoy “ An African Evening” with gum boot dancing, music and food!

When:

June 25th At 6 p.m.

Where:

First Unitarian Church of Victoria, 5575 West Saanich Road (across from the RED BARN)

Cost:

By donation

Submitted by Marya Nijland HNC Alto

HANDS ACROSS THE SANDS GLOBAL GATHERING (Jun 26) (Location changed!)

Victoria...lets meet on Willows Beach on June 26th at 11:00 a.m.
We will form lines in the sand and join hands at noon!

The image is powerful, the message is simple. No to Offshore Oil Drilling, No to Oil Tankers along our Beautiful B.C. Coast, Yes to Clean Energy.

Gather old and new friends in your communities, come out and remember to make this a no-drive event!
Walk, bike, take the bus, or carpool if necessary.

More info - Renee at (250) 361-7508 or renee.consciouslearning@gmail.com

Show your support, become a member on facebook page - Hands across the sands - Victoria, B.C.
Visit global site: <http://www.handsacrossthesand.com/>

also see my “Volunteers, Supporters & Sponsors Needed” item in the “Community Networking” section of this newsletter.

Submitted by Renee Lindstrom former GHC Tuesday Tenor

MS BENEFIT CONCERT... (Jun 26)

...featuring Lynne and Julian Greenwood, saxophone & piano duo, performing popular and light classical. To be held at St. Luke's Church, Cedar Hill Cross Rd. and Cedar Hill Rd., Saturday, June 2th, at 7:30pm. Tickets are available from Lynn Daniel (soprano) 381-7580, Ivy's Bookstore, Church office and at the door. \$15/\$10for seniors/students. I have organized this event for my MS Bike Tour and as part of St. Luke's series of concerts celebrating our 150th Anniversary.

Submitted by Lynn Daniel

**ART GALLERY OF GREATER VICTORIA
SUMMER SMALL WORKS EXHIBITION AND SALE** (Jun 26 to Aug 29)

Four of my original botanical drawings will be on display and for sale.

1040 Moss Street, Victoria, BC.

Info: 250-384-4101

<http://aggv.bc.ca/>

Submitted by Aurafidelite Arindam, GHC Thursday Soprano

ECKHART TOLLE DVD NIGHTS (Jun 27 & Jul 11 +)

Eckhart Tolle DVDs will be shown every two weeks in the Fairfield United Church, 1303 Fairfield Rd

7:00 to 9:00 p.m. and every other Sunday (June 27, July 11, etc.)

All are Welcome! Cost: \$2.00 per person.

Submitted by Linda Chan, Former Tuesday Soprano

COMMUNITY EVENTS COMING WEEKS

SHARI ULRICH & JULIA GRAFF (Jul 2 & 3)

(there still are a few seats left on July 2nd)

July 2nd & 3rd 7:30 PM (Doors open at 7:00 PM)

1725 Shearwater Terrace

North Saanich, B.C. V8L 5L4

Tickets: \$20.00 (waged); \$15.00 (unwaged)

To reserve: Call 250.655.3811 and leave a clear message including your name, your phone number (&/or email address), and the number of tickets you wish. Or, if you would prefer, respond to wooden_nickel@me.com or bdewolff@mac.com

As you are no doubt aware, the proceeds of house concerts go solely to the benefit of the performers.

Submitted by Bill Hanson GHC Bass etc.

**FOUNDATIONS OF
CONTEMPORARY SPIRITUALITY** (Jul 16 to 18)

with Michael Morwood.

A time to come together to consider our own questions, concerns and to look at ways to ground ourselves as we explore spirituality today. There will be time for solitude and quiet, group interaction and input from Michael.

July 16 – 18, Friday - Registration 4:00 - Sunday 1:00 pm, \$260.00 single room, \$250.00 share room, \$200.00 commuter. Rosemary Heights Retreat Centre, 3690 152 St. Surrey, BC

Registration: earthliteracies@shaw.ca 1-250-380-9786 or 1-250-220-4601 www.livinglanguageinstitute.org By Mail: Please make cheques payable to the Living Language Institute Foundation. Mail to Programs in Earth Literacies Box 224 Saanichton, BC V8M 2C3.

Submitted by Gertie Jocksch, Monday Soprano

**TD ART GALLERY OF GREATER VICTORIA
MOSS STREET PAINT-IN**

(Jul 17)

I will be displaying and selling my original botanical artwork, large fine art giclee prints, small prints and art cards, from 11am to 4:30pm. I will also be doing drawing demonstrations during that time.

Moss Street from Fort Street to Dallas Road, Victoria, BC.

Info: 250-384-4101
<http://aggv.bc.ca/>

Submitted by Aurafidelite Arindam, GHC Thursday Soprano

JAMES BAY ART WALK SHOW AND SALE

(Sep 11 & 12)

I will be showing and selling my original botanical artwork, large fine art giclee prints, small prints and art cards, from 11am to 5pm on both days.

205-425 Simcoe Street, Victoria, BC
Info: info@auraart.net
www.auraart.net

Submitted by Aurafidelite Arindam, GHC Thursday Soprano

===== THAT'S ALL FOLKS =====

Making
Universal
Sounds
In
Community

A Community Choir Crescendo, check it out!
http://www.ubuntuchoirs.net/locator_coastal_BC.php

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