

Subject: GHC ~ A Summer Special

Hello All

Some Admin Info for you with a few Community submissions and a number of Community Event listings tagged on.

Sing and summer in joy

Bill

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Choir Admin Info

HELLO ALL MEMBERS OF GETTIN' HIGHER AND SOUNDINGS FAMILY,

Here I want to share with you again my humble efforts to record the great energy, joy and soul of GHC and Soundings recent rehearsals and concerts. This time I left more images to show you sometimes very subtle changes in expression and mood of performers and audience. It seems like I envy now a bit Bill Weavers' cinematographic talent and skills :). So, I tried to register sometimes the action which had changed in a fraction of the second. (my camera has option to take 7 frames per second :) . . .

My photos of the GHC and Soundings rehearsals and concerts are accessible from the GHC Site's "Choir Photos" page at:

<http://www.gettinhigherchoir.ca/community-info/choir-photos.html>

with best regards,

Andrzej (Andrew) Kielbowicz
GHC official photographer and enthusiast :)
former and probably future bass

Editor's Note:

Be sure to check out Andrew's request for your help with client referrals which is the first item in the "Choir Community Submissions" section below.

MY SURPRISE AWARD

Some of you have asked me about the award that I was unexpectedly presented with at the Soundings concert on Saturday evening. This web site of the B.C. Choral Federation tells the story. Mine was the Herbert Drost Award. You can find it here: <http://www.bcchoralfed.com/about/awards>

It was presented to me by Judith Hirczy, who is the BCCF representative in Victoria.

I remain humbled, and amazed...

~ Denis

Editor's Note:

There was an article about the award in the Times Colonist this morning (Jun 17) which can be read on-line at: <http://www.timescolonist.com/entertainment/Victoria+choir+directors+lauded/3165356/story.html>

Also...Cheryl McCay of CBC will be recording an interview with Denis tomorrow (Jun 18) for broadcast on 90.5 FM sometime between 6 and 9 a.m. on Monday (Jun 21). If you record it please let me know in case I need a copy to post on our site for those that miss it when it airs.

WHILE ON THE TOPIC OF DENIS...

...I'm still open to receiving submissions for extra pages to be added to his birthday book. I didn't get those pages done before the last night of choir and I won't be seeing him now until our July 1st Canada Day SWAT (the day after his actual birthday). If you missed both the original deadline for the book that was presented at the concert, and the subsequent "extra page" deadline, (but you wish you hadn't) you get one more chance. You now have until Monday June 28th to get a birthday wish, an appreciation or a choir anecdote to me at billh@crucible.ca so that I can add to a new page for his Birthday Book.

~ Bill

SUMMER WORKSHOPS WITH DEBORAH MILLAR

Deborah is offering four workshop series over the summer! Maximum number per workshop will be *10 people*, in order for her to provide individual attention to each person.

Length: 4 weeks (2 hour sessions)

Level One Voice Workshop for Alto voice:
6pm – 8pm Fridays July 2 – 23.

Level One Voice Workshop for all voices
(mixed – open to all sections):
6pm – 8pm Wednesdays July 7 – July 28

Level One Voice Workshop for all voices
(mixed – open to all sections):
6pm – 8pm Thursdays August 5 – 26

Level Two Voice Workshop for all voices
(mixed – open to all sections):
6pm – 8pm Tuesdays August 3 - 24

For Detailed Information Check Out Her Flyer:

<http://www.o-my.info/ghc/nl/2010/0610/deborahs-workshops.pdf>

For Any Additional Information Required & Registration Contact:

Sally Gose sgose@telus.net (250) 474-3403

Submitted by Sally Gose GHC Monday Alto

Choir community Submissions

WITH A LITTLE HELP OF MY FRIENDS . . .

From my photos of the GHC and Soundings concerts that have just been posted you can probably tell how much I love my work. Now I am looking for MORE work and referrals. I ask you to spread the word between your families and friends. So, please let me summarize now the range of my services and please also visit again my 2 websites.

1. Tutoring services:

<http://www.goingdigital.ca>

- Practical digital photography for beginners, group and 101 lessons
- Photoshop classes, all levels
- Photographing people and events workshop
- Mac and Windows computers use guidance

2. Professional Photography services:

<http://www.peoplephotography.ca>

(this site will be improved and redesigned soon)

- Portrait photography (specializing in artistic female portraits, including also: corporate, family, couples, maternal and intimate portraiture)
- Event photography (all kind of social events, concerts, conferences, seminars, birthday parties . . . and you name it)
- Photoshop professional editing, correction and retouching (18 years of experience, working with many social profit organization)

Sorry, for longer than usual message,

with best regards,

Andrzej (Andrew) Kielbowicz
GHC official photographer and enthusiast :)
former and probably future bass

**NEED A WEBSITE
BUILT AND/OR MAINTAINED
@ COMPETITIVE RATES?
(Know someone who does?)**

I have administered the "Choir Community Info" section of our GHC web site since shortly after the GHC site was built by Rocketday Arts and I created all the pages in that section in harmony with the their design specifications.

Other samples of my work include:

<http://www.harmoniousfamilychoir.com>

Designed and built to be compatible with the rainbow masthead that was supplied by the choir's director.

<http://www.nikkibasuk.com> & <http://www.jackbasuk.com>

Built to the client's design specifications.

If you know someone who might need my services I would appreciate your passing this item on to them.

billh@crucible.ca or 250-920-4160 (8 to 8, weekdays)

Submitted by: Bill Hanson, GHC Bass etc.

An Opportunity To Sing
BORTNJANSKY & THE SACRED MUSIC OF THE MOUNTAINS
Victoria Choral Academia

VCA 2010 is inviting participants to a choral course Dmitry Bortnjansky & the Sacred Music of the Mountains.

The course will present opportunities for experienced singers and for individuals with no or limited singing experience to discover the choral art of Dmitry Bortnjansky, Russia's most renowned liturgical composer, to explore the rich sacred

music of Eastern Europe (Bulgaria, Serbia, Ukraine), and the sonorous style of the music from the mountains of Caucasus Georgia.

August 6-September 12
Friday evenings
St. Nicholas Ukrainian Church
Concert : TBA

For more information and registration for this course and courses on Sight-Singing and Ear-Training, as well as World Vocal Music and Chamber Vocal Music
visit: www.victoriachoralacademia.net
or email: info@victoriachoralacademia.net

Submitted by editorially on the chance that it will interest some of you.

WHAT TOLERANCE LOOKS LIKE...

<http://www.o-my.info/ghc/nl/2010/0617/tolerance.wmv>

Recommended by Tatiana Evans former GHC Alto/Tenor

ARE YOU IN THE MARKET FOR A CAR?

I'm a happy Hyundai owner!. You can be to!

If you think you can only afford a used car you may be in for a surprise. Visit Victoria Hyundai at 525, Gorge Rd. East. and take a printed copy of this referral with you.

If you buy a new vehicle from them as a result of this referral please give the printed copy to Tejus Swamy, Gen. Mgr., so he can track who the referral came from and then please call me at 250-920-4160 (8 to 8) so that I can claim a referral fee to be applied to my car payments. I recommend that you make the same referral deal with him when/if you purchase from them.

For my experience & suggestions feel free to call me in advance of visiting their showroom!

Submitted by: Bill Hanson, GHC Bass etc.

===== **PLUS** =====

COMMUNITY EVENTS - THIS WEEKEND TO NEXT

We encourage you to support the activities of other choir community members by emailing copies of any item to any of your contacts that you think would be interested.

===== UNKNOWN DATE =====

MS BENEFIT CONCERT... (???)

...featuring Lynne and Julian Greenwood, saxophone & piano duo, performing popular and light classical. To be held at St. Luke's Church, Cedar Hill Cross Rd. and Cedar Hill Rd. at 7:30pm. Tickets are available from Lynn Daniel (soprano) 381-7580, Ivy's Bookstore, Church office and at the door. \$15/\$10for seniors/students. I have organized this event for my MS Bike Tour and as part of St. Luke's series of concerts celebrating our 150th Anniversary.

Submitted by Lynn Daniel

Editor's Note

Since Lynn didn't include an event date you can contact her at 250-381-7580 or lynnandaniel@shaw.ca

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TAIZE SERVICE (Jun 18)

The next Taize service will be on Friday, June 18 at The Church of Our Lord at 626 Blanshard Street from 6 to 7 PM. For extra singing come at 5:10 to join the lead group that practices the songs for 50 minutes.

Submitted by Anne Forester, Monday Soprano

BOMBO PALLIATIVE CARE PROJECT FUNDRAISING EVENT!! (Jun 19)

We are helping to raise funds to train Tanzanian medical clinicians to provide palliative care in the Tanga Region of Tanzania.

On June 19th from 4-9pm we will host a Summer Jam at the Sleeping Dog Farm and Retreat Centre on Burnside Road in Victoria. Tickets are available at Tanner's (Sidney), Ten Thousand Villages (Broadmead) and Munro's (Victoria).

It promises to be a fun event in a beautiful location with music provided by Mufaro and Jennifer Louise Taylor, food, beer, a raffle and a silent auction.

For lots more details visit:

<http://bombopal.com/2010/04/spring-fair-for-bombo-music-food-kid-friendly-activities-silent-auction>

Rose Stanton (Monday tenor) and Sally Gose (Monday alto) on behalf of the Project Team

CIRCLE DANCE AT SUMMER SOLSTICE (Jun 19)
with Bernice Vetter SC

At this time of the year --at sun's fullness and earth's abundance, let us dance together in celebration of resplendent *Radiance* (as described in Brian Swimme's "Powers of the Universe" DVD series). Radiance is the primary language of the universe; everything gives off light. Every being contains 14 billion years of radiance within it.

Date:

June 19, Saturday

Time:

9:30 AM—3:30 PM

Cost:

\$60.00. Please bring your lunch. refreshments are served. Please call us if cost prevents your attending this workshop.

Location:

5990 Old West Saanich Rd.(the Yurt)

Register:

earthliteracies@shaw.ca with pay pal access, 250-220-4601 www.livinglanguageinstitute.org

Submitted by Gertie Jocksch, Monday Soprano

NIA DANCE JAM (Jun 19)

Seven Victoria Nia Instructors are hosting a Nia Dance Jam to raise funds for the Young Parents Support Network (www.ypsn.ca).

Saturday June 19th, 2010

1:00-3:00 pm

Victoria Dance Connection

110 2750 Quadra Street, Victoria BC

Cost is \$15.

Please join us for a unique and inspiring fitness experience supporting an incredible cause. <http://www.niac.ca>

For more information contact Karen at 250 478 1076 or karenia@shaw.ca.

Submitted by Karen Boissonneault HNC singer

PFLAG (June 20)

Provides support, education and resources on issues of sexual orientation and gender identity
Meetings September through June, every 3rd Sunday of the month at 2:00 PM
St John the Divine Lounge - 1611 Quadra Street - Look for the rainbow flag in the back parking lot.
For more information phone 250 592-0305

When you no longer need PFLAG - PFLAG needs you!
PFLAG Victoria is actively looking for new members to help our chapter continue. If you would like to be involved in any way please email us at victoriabc@pflagcanada.ca

Submitted by Sharon Schaan: former Soundings and GHC Soprano

CELTIC VESPERS SUNDAY (Jun 20)

Celebrate summer's arrival with the lively music of Brad Prevedoros, Nel Golden and Greg Joy
Sunday June 20th, 7pm at St. Johns United, 10990 West Saanich Rd. (across from Deep Cove School)

No admission fee but an offering will be taken.

Submitted by Eva Kerr Monday Alto

OPEN INQUIRY MEDITATION GROUP (Jun 23 & 30 +)

Have you always wanted to meditate, but haven't known how to "get my mind to stop"?

Chloe Garthson, Spiritual Counsellor with Clear Spaces Counselling Services, is now leading a drop-in meditation group. This group is designed for anyone curious about meditation, relaxation and awakening to our natural state of being and limitless possibilities.

Time:

6:30 7:30pm, please arrive 5 minutes early

Dates:

Last three Wednesdays each month

Location:

Red Gate Intuitive Arts Center, 2033 Belmont @ Pembroke, Fernwood, Victoria

What to Bring:

Cushions provided, bring your own water bottle

Cost:

\$10 suggested donation

Contact:

chloe@clearspaces.ca

Submitted by Chloe Garthson HNC Singer

CONVERSATIONS ON THE NEW COSMOLOGY (Jun 24)
With Bill Wilson, SJ PhD.

"We are the first generation to know the Great Story of the Universe," Thomas Berry. Our conversations focus on what it means for humans to know this story as our own story.

Date: Thursday Jan 28, 2010
Time: 12:00 am – 1:30 pm
Location: Friends Meeting House, 1831 Fern St. Victoria, BC
Cost: \$10.00 suggested donation
Register: earthliteracies@shaw.ca 250-220-4601 www.livinglanguageinstitute.org

Submitted by Gertie Jocksch, Monday Soprano

MINDFUL YOGA WITH MISHA GITBERG (start Jun 24)

For a wonderful spiritual as well as physical workout that will help deepen your mind-body connection, leaving your body and soul open for music, I recommend this course.

Misha is a psychotherapist who has trained in Yoga and Buddhist Contemplative traditions in North America, India and Thailand who seeks to bring his understanding of mind-body connection into his professional and personal practice.

Dates: 6 sessions - June 24, July 8, 15, 22, 29 & August 5
Time: Thursdays, 5:30-7:00pm
Location: Church of Truth, 111 Superior St., James Bay
Fee: Early bird - \$75 (if paid before June 14), regular fee \$90

More information contact Misha at misha@soulstir.net, tel. 778-678-0137 or check out: www.soulstir.net

Submitted by Lori McElroy, GHC Thursday Tenor

A CELEBRATION OF THE NEED CRISIS & INFORMATION LINE (Jun 25)

Sadly, after 39 years the NEED Crisis & Information Line will be hanging up the phones on June 30th.

We know that many in the choir community have had an association with NEED and hope you will come and share in our June 25th event to celebrate and remember 39 years of the Fine Heart of Listening.

Tickets are \$5. and can be easily obtained by calling 250-386-6328 or emailing to datkins@needcrisis.bc.ca Event location and details will be on your ticket. Doors open at 5 pm and the event will close at 7:30 pm.

You can also share your favorite NEED memory, or how NEED touched your life through the website at www.needcrisis.bc.ca

Submitted by Linda Woodward Stanton, Tuesday alto.

HANDS ACROSS THE SANDS GLOBAL GATHERING (Jun 26)

Victoria...lets meet on Dallas Road Beach near the Ogden Point Breakwater on June 26th at 11:00 a.m.
We will form lines in the sand and JOIN HANDS at noon!

The image is powerful, the message is simple. No to Offshore Oil Drilling, No to Oil Tankers along our Beautiful B.C. Coast, Yes to Clean Energy.

Gather old and new friends in your communities, come out and remember to make this a no-drive event!
Walk, bike, take the bus, or carpool if necessary.

More info - Renee at (250) 361-7508 or renee.consciouslearning@gmail.com

Show your support, become a member on facebook page - Hands across the sands - Victoria, B.C.
Visit global site: <http://www.handsacrossthesand.com/>

also see my "Volunteers, Supporters & Sponsors Needed" item in the "Community Networking" section of this newsletter.

Submitted by Renee Lindstrom former GHC Tuesday Tenor

ART GALLERY OF GREATER VICTORIA
SUMMER SMALL WORKS EXHIBITION AND SALE (Jun 26 to Aug 29)

Four of my original botanical drawings will be on display and for sale.

1040 Moss Street, Victoria, BC.
Info: 250-384-4101
<http://aggv.bc.ca/>

Submitted by Aurafidelite Arindam, GHC Thursday Soprano

ECKHART TOLLE DVD NIGHTS (Jun 27 & Jul 11 +)

Eckhart Tolle DVDs will be shown every two weeks in the Fairfield United Church, 1303 Fairfield Rd

7:00 to 9:00 p.m. and every other Sunday (June 27, July 11, etc.)

All are Welcome! Cost: \$2.00 per person.

Submitted by Linda Chan, Former Tuesday Soprano

COMMUNITY EVENTS COMING WEEKS

SHARI ULRICH & JULIA GRAFF (Jul 2 & 3)

(there still are a few seats left on July 2nd)

July 2nd & 3rd 7:30 PM (Doors open at 7:00 PM)
1725 Shearwater Terrace
North Saanich, B.C. V8L 5L4

Tickets: \$20.00 (waged); \$15.00 (unwaged)

To reserve: Call 250.655.3811 and leave a clear message including your name, your phone number (&/or email address), and the number of tickets you wish. Or, if you would prefer, respond to wooden_nickel@me.com or bdewolf@mac.com

As you are no doubt aware, the proceeds of house concerts go solely to the benefit of the performers.

Submitted by Bill Hanson GHC Bass etc.

**FOUNDATIONS OF
CONTEMPORARY SPIRITUALITY** (Jul 16 to 18)

with Michael Morwood.

A time to come together to consider our own questions, concerns and to look at ways to ground ourselves as we explore spirituality today. There will be time for solitude and quiet, group interaction and input from Michael.

July 16 – 18, Friday - Registration 4:00 - Sunday 1:00 pm, \$260.00 single room, \$250.00 share room, \$200.00 commuter. Rosemary Heights Retreat Centre, 3690 152 St. Surrey, BC

Registration: earthliteracies@shaw.ca 1-250-380-9786 or 1-250-220-4601 www.livinglanguageinstitute.org By Mail: Please make cheques payable to the Living Language Institute Foundation. Mail to Programs in Earth Literacies Box 224 Saanichton, BC V8M 2C3.

Submitted by Gertie Jocksch, Monday Soprano

**TD ART GALLERY OF GREATER VICTORIA
MOSS STREET PAINT-IN** (Jul 17)

I will be displaying and selling my original botanical artwork, large fine art giclee prints, small prints and art cards, from 11am to 4:30pm. I will also be doing drawing demonstrations during that time.

Moss Street from Fort Street to Dallas Road, Victoria, BC.

Info: 250-384-4101
<http://aggv.bc.ca/>

Submitted by Aurafidelite Arindam, GHC Thursday Soprano

JAMES BAY ART WALK SHOW AND SALE (Sep 11 & 12)

I will be showing and selling my original botanical artwork, large fine art giclee prints, small prints and art cards, from 11am to 5pm on both days.

205-425 Simcoe Street, Victoria, BC
Info: info@auraart.net
www.auraart.net

Submitted by Aurafidelite Arindam, GHC Thursday Soprano

JUST FOR FUN

A reward of laughter for reading this far

RESEARCH CONFIRMS THAT DRINKING GIVES YOU THE SAME BENEFITS YOGA DOES!!!

<http://www.o-my.info/ghc/nl/2010/0617/drinking-and-yoga-research.pdf>

Submitted by Bill Hanson, GHC Bass etc.
from a cyber forward received from wife #2 Kim Lyon of Sechelt



NEWSLETTER SCHEDULE REMINDER

This issue is the last newsletter for the 2010 Spring season. The next scheduled issue will be the first Admin issue of the Fall season on September 3rd.

Between now and then there may be, from time to time, GHC News & Business "Special Announcements". Whenever one of those goes out I will attach whatever submissions I have on hand (possibly just in the order received).

As with the newsletter:

Dated Events will be repeated in such specials automatically until their date has passed.

Any other items that you want repeated must be re-submitted once they appear in one of these special announcements.

In order to keep my volunteer work in providing this extra summer service to a minimum please make sure that any item you send conforms to the newsletter submission guidelines specified on our site's "Using Our Newsletter" page. If you haven't visited that page lately please review it before you send your first summer submission at:

<http://www.gettinhigherchoir.ca/community-info/newsletterinfo.html>

Please submit your items to:

billh@crucible.ca

There are no guarantees when, or even if, such special announcements will go out so any items you submit are accepted on "standby" only.

~ Bill



===== THAT'S ALL FOLKS =====

Making
Universal
Sounds
In
Community

A Community Choir Crescendo, check it out!

http://www.ubuntuchoirs.net/locator_coastal_BC.php

